



Guidelines for Proposal Submission: Current Concepts/Focused Sessions

Current Concepts/Focused Sessions are focused presentations that highlight emerging ideas, evidence-informed practices, innovative approaches, practical strategies, or timely topics relevant to athletic trainers. These sessions should provide clear, actionable takeaways that attendees can apply in their professional practice.

All Current Concepts/Focused Sessions **must** incorporate learner engagement strategies that actively involve participants in the learning process. Engagement may include discussion, polling, case-based application, reflection, demonstrations, problem-solving activities, audience response tools, or other techniques that promote participation and knowledge application. Passive lecture alone is not consistent with the intent of this format.

Format:

- 25 minutes total
- 20-minute presentation
- 5-minute audience Q&A

Current Concepts/Focused Sessions are ideal for:

- Presenting a single concept or technique
- Sharing a case study or clinical pearl
- Highlighting new research findings
- Demonstrating an innovative program or practice
- Delivering concise, high-impact learning

Presenters should design content for a broad audience and prioritize practical application, engagement, and relevance to contemporary athletic training practice.

On-Demand (OD) Recording Requirement: By submitting a proposal in this category, you agree to record a version of your presentation for inclusion in the On-Demand (OD) catalog if your proposal is accepted. Minor modifications to the recorded presentation are encouraged to optimize the virtual learning experience. The Education Team will work with presenters to identify effective strategies for engaging virtual learners, such as reflection prompts, self-assessment questions, case-based application, demonstrations, and other techniques that promote active learning and knowledge application. Virtual recordings must be completed no later than **May 1** for inclusion in the On-Demand catalog.

Consider collaborating. While Current Concepts/Focused Sessions are designed as 25-minute presentations, presenters are encouraged to partner with a colleague to submit complementary sessions that can be scheduled together as a one-hour educational block. Proposals may also be paired with other accepted submissions at the discretion of the Convention Program Committee.

What Makes a Strong Current Concepts/Focused Sessions Session?

Successful proposals typically:

- Address a current challenge, opportunity, or emerging trend
- Offer practical solutions or applications
- Include evidence-based recommendations
- Clearly articulate how attendees will benefit
- Focus on what participants can do differently as a result of attending
- Demonstrate how participants can apply the information in practice

Presenter Guidelines:

- One moderator
- Up to two presenters
- Both presenters should have meaningful speaking roles

Presenter Registration: For each accepted proposal, NATA will provide complimentary full-convention registration for up to two (2) presenters. Any additional presenters are responsible for purchasing convention registration.