

VNATA 2021 Athletic Training Student Seminar Preliminary Program

ATSS Keynote: Athletic Training in the Pandemic

Ellis Mair, EdM, ATC

When facing a global pandemic, athletic trainers demonstrated resilience, flexibility and creativity to enter and lead in healthcare realms where they may have never worked before. Utilizing their education and training and demonstrating great resilience, they were able to fill important roles in many different settings. This lecture discusses the impact athletic trainers had on healthcare during the COVID-19 pandemic and the skills that made them an integral part of the public health response.

At the end of this session, students will be able to:

1. Students will understand the importance of resilience in healthcare
2. Students will be able to describe the different ways athletic trainers influenced healthcare during the pandemic
3. Students will understand the educational tools they can rely on to continue to be involved during the pandemic

Don't Wait to Be On Top: Connected Care Beyond

David Gallegos, MA, ATC, Cert. MDT

COVID-19 created a tremendous shift in telemedicine and virtual visits and shifted the innovation curve forward. As we exit the pandemic response and the curve shifts back, understanding the larger digital health and connected care environment is critical to being part of the front side of the innovation process. As health care providers that are educated in the continuum of care cycle and trained in integrated team models providing mobile services, Athletic Trainers need to be part of the discussion and set the future of musculoskeletal digital health. Direction and explanation of past, present and future possibilities are highlighted.

At the end of this session, students will be able to:

1. Describe the recent key points of digital health care innovation.
2. Summarize the current digital health landscape.
3. Apply digital health and connected care within the five domains of athletic training education.
4. Examine the process required to be part of the next phase of health care innovation.
5. Evaluate the unique role of athletic training education and clinical experience play in creating the foundation for health care innovation and return on investment using a blended assessment model.

The Medical Model Organizational Structure in Collegiate Athletic Training

Murphy Grant, PhD, MS, ATC, CES, PES

This VNATA session will look into the different models of healthcare that is delivered at the collegiate level and will discuss the 3 most important topics to deliver quality healthcare.

At the end of this session, students will be learn about:

1. Models of medical care at the collegiate level
2. Best Practices regarding Independent Medical Care

3. Patient Centered Care
4. Medical Autonomy Decision Making

An Introduction to LGBTQIA2S+ Education, Inclusion, and Advocacy for the Athletic Training Student"

Lyn Meyerhoff, MS, ATC

Meghan Wonderling, LAT, ATC, CSCS

At the end of this session, students will be able to:

1. Define important terminology associated with Lesbian, Gay, Bisexual, Transgender, Queer, Intersex, and Asexual (LGBTQIA+) patient populations.
2. Discuss strategies to incorporate appropriate pronoun usage into clinical practice.
3. Identify LGBTQIA+ inclusive documentation strategies in Athletic Training.
4. Identify resources available to aid in the equitable treatment of LGBTQIA+ patients.

Beyond the Binary: Exploring Transgender, Non-Binary (NB), Gender Non-Conforming (GNC) and Other Identities Within the LGBTQIA2S+ Community

Lyn Meyerhoff, MS, ATC

Meghan Wonderling, LAT, ATC, CSCS

At the end of this session, students will be able to:

1. Define important terminology specifically associated with transgender, NB, and GNC patient populations.
2. Discuss holistic healthcare needs and unique medical information in clinical practice.
3. Identify specific ways in which external sources create various challenges surrounding social determinants of health for transgender, NB, and GNC patients.
4. Identify key factors and resources available to create equitable spaces for and treatment of transgender, NB, and GNC patients.

Cultural Competence & Leadership Diversity: Planning for the Future of Athletic Training

Kysha Harriell, PhD, MEd, ATC

This presentation will discuss diversity, equity, inclusion, and the importance of cultural competency in athletic training. This presentation will explore the traits of an inclusive leader and discuss practical ways athletic trainers can be agents of change by addressing biases, being open to different voices and perspectives, and removing exclusive policies and practices.

1. Discuss the importance of diversity and cultural competence with expected increases in racial and ethnic diversity demographics.
2. Understand diversity, equity, and inclusion terminology
3. Understand the impact of diversity, equity, and inclusion, and cultural competence on health disparities
4. Explore ways leadership diversity and inclusive leadership can help improve patient care
5. Identify situations in which inclusive athletic training leaders can be change agents
6. Identify and commit to actions to create a more inclusive culture in athletic training

Planning for the Future of Athletic Training: Athletic Training Globally

Brian Zeller, PhD, LAT, ATC

The goal of this presentation is to provide participants a brief overview of the status of athletic training as a profession on a global scale. Information relating to the NATA International Committee, the World Federation of Athletic Training and Therapy and other related global organizations will be provided, along with a discussion on suggestions for pursuing opportunities internationally.

At the end of this session, students will be able to:

1. Describe the current state of the athletic training profession internationally.
2. Provide an overview of important global organizations related to athletic training.
3. Introduce methods for NATA members to promote and educate global colleagues on the expertise of athletic trainers.